



INFORMATION LEAFLET

WHAT'S THIS ABOUT?

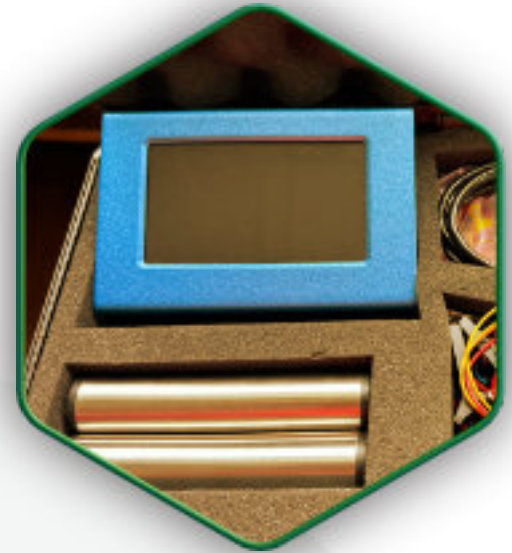
At Holista, we are specially trained to use advanced technology to address various physical health issues.

This leaflet provides an easy-to-understand explanation of the three main machines we use, how they work, and how they help improve your health.

HOLISTA

1. F-SCANNER

The F-Scanner is a device that uses frequencies to detect harmful pathogens in the body.



- **What are pathogens?**

Pathogens include bacteria, viruses, fungi, and parasites. Each of these resonates at a specific frequency.

- **How does the F-Scanner work?**

The machine scans different parts of your body, identifying pathogens based on their unique frequencies. For example, bacteria normally live in your body without causing harm. However, if they multiply beyond a certain point, they can cause illness. The F-Scanner detects when harmful pathogens have reached dangerous levels.

Once these pathogens are identified, we can use other machines to target and eliminate them. We explain these machines below.

2. BIO-RESONANCE SCANNER

The Bio-Resonance Scanner provides detailed health reports by scanning 35 different areas of your body.



What does it check?

It evaluates functions such as:

- Gastrointestinal functions – e.g. your stomach acid levels and how well your intestines absorb nutrients.
- Blood sugar levels
- Lung function
- Brain and nerve health
- Heavy metals in the body
- Allergies

When combined with the F-Scanner results, we can create a clearer picture of which areas of your body need attention or treatment.

3. ZAPPER AND PLASMA GENERATOR

These two devices work to eliminate harmful pathogens, but they operate at different levels of intensity.

a. The Zapper

The Zapper is a small, handheld device.



- How does it work?

Once we have the frequency list from the F-Scanner, we programme the Zapper to emit the same frequency that the pathogen resonates at. This frequency disrupts the pathogen and destroys it, without causing harm to the rest of your body.

b. The Plasma Generator

The Plasma Generator works similarly but is much more powerful.



- How does it work?

It is a large, stationary machine that can treat everything within a 3-metre radius. All you need to do is sit nearby while it works, making the sessions shorter. It is particularly effective when you need to target larger or deeper infections.

4. UNDERSTANDING PATHOGENS

Pathogens fall into four main categories:

- **Bacteria:** These are usually already present in your body but can cause infections when they multiply too much.

Example: Strep throat is caused by a bacteria that can be present in the throat but becomes problematic when it grows out of control.

- **Viruses:** While most viruses die off naturally, some can be passed down through families and cause long-term damage to organs.

Example: The flu virus can cause temporary illness, but certain genetic viruses may impact your liver or heart.

- **Fungi:** Fungal infections are often caused by inhaling spores from damp environments, and they can lead to severe respiratory problems.

Example: Mould in a home can cause chronic lung infections or breathing difficulties.

- **Parasites:** These can enter your body through contaminated food or from pets. Parasites range from tiny single-celled organisms to larger worms that can damage organs.

Example: Roundworms, often found in contaminated food, can affect your intestines and other organs.



At Holista, we have found that serious health problems often arise when four or more pathogens attack a specific organ or area of the body.

Our machines help us detect and address these issues before they become too severe.

We're here to support your journey to better health using cutting-edge technology that's both safe and effective.

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